

The Enablers and Barriers of Down-Scheduling Medicine Policies: A Systematic Review

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Dear Editors,

We are honored to submit our systematic review article entitled “The Enablers and Barriers of Down-Scheduling Medicine Policies: A Systematic Review” for your consideration by the Smart Medical Journal. We would like to assure you that this work is original and has not been published elsewhere. Thank you for the opportunity to share our findings with your esteemed publication.

In this paper, we present a systematic synthesis of global evidence related to the implementation of down-scheduling medicine policies, with a particular focus on enablers and barriers that influence regulatory outcomes and public access to medicines. This study contributes to the literature by analyzing 22 relevant studies across 12 countries using the PRISMA framework; highlighting the importance of regulatory clarity, pharmacist readiness, and stakeholder engagement; providing critical insights relevant to Indonesia’s recent reintroduction of down-scheduling policies, where evidence-based guidance is still scarce; and offering practical recommendations for policymakers and healthcare professionals to improve safe self-medication practices and equitable access to treatment.

We respectfully submit that this manuscript is well-suited for publication in the Smart Medical Journal, as it aligns closely with the journal’s aims and scope, which emphasize strategies to advance global health policy. Furthermore, the article may serve as a valuable reference for public health professionals and regulatory bodies in Indonesia and other developing contexts.

We wish to affirm that we have no conflicts of interest to disclose.

For any correspondence regarding this manuscript, please direct your inquiries to ayucandra31@gmail.com.

We sincerely appreciate your consideration of this manuscript.

Sincerely,

A handwritten signature in blue ink, appearing to read 'Ayu Candra Dewi', enclosed within a light gray rectangular box.

Ayu Candra Dewi